

Informed Consent

Vitamin C Infusion Therapy

First name and surname _____

Date of birth (ID No.) _____

Address _____

Allergies _____

Dear patient,

we greatly value your trust and would like to inform you about the planned therapeutic procedure. Please pay careful attention to the information provided below.

Information about the course of infusion therapy

Vitamin C, also known as ascorbic acid, is of fundamental importance to the human body. However, the human organism cannot produce it on its own and depends on its intake through certain foods. Vitamin C plays an essential and irreplaceable role in suppressing oxidative stress. It is also necessary for the normal course of important biochemical reactions, proper fat metabolism, participates in collagen synthesis, blocks the formation of carcinogens, supports the immune system and brain function, and supports iron absorption.

High (gram-level) doses can be administered intravenously in bolus form. No symptoms of overdose are known. The achieved high concentration of Vitamin C returns to its initial value within 6 hours after the infusion, which is why it is advisable to repeat the infusions. Its metabolites are excreted primarily in urine.

During administration and depending on your current health status, the nurse will measure your blood pressure. If you feel pressure, burning, or pain at the injection site, or if you experience any kind of discomfort, please inform the nurse without delay. After the therapy is completed and the infusion is removed by the nurse, remain lying down as needed (at least 5 minutes), apply pressure to the injection site, and only stand up on the nurse's instructions.

On the day of Vitamin C application, it is advisable to increase fluid intake to 2–3 litres per day. On this day, drinking coffee is also not recommended.

Contraindications

For oncology patients undergoing chemotherapy or radiotherapy, we recommend consulting the treating oncologist. Caution is required in the indication and administration for patients with oxalate kidney stones, asthmatics, or those with conditions involving excessive iron deposits in the body. Vitamin C may affect the action of blood-thinning medications (Warfarin), may enhance the efficacy of antiplatelet drugs (Anopyrin, Codasal), increase plasma levels of oral hormonal contraceptives, and may lead to inaccurate blood glucose measurement. This infusion is a supportive, complementary, and potentiating agent in the treatment of cancer diseases, but is not a medicine.

Complications that may occur are very rare to exceptional. A skin reaction may appear (e.g. to

Patient Declaration and Consent

I declare that I have been clearly informed about the nature and course of the infusion therapy and have also been informed about the possible risks of this procedure. I have read the information about the possible risks and complications of infusion therapy and undergo it at my own responsibility. Based on the information provided and after my own consideration, I consent to the performance of the infusion therapy. I have understood everything and agree with the proposed procedure.

In Prague on

Signature of patient

Instruction provided by

Signature